

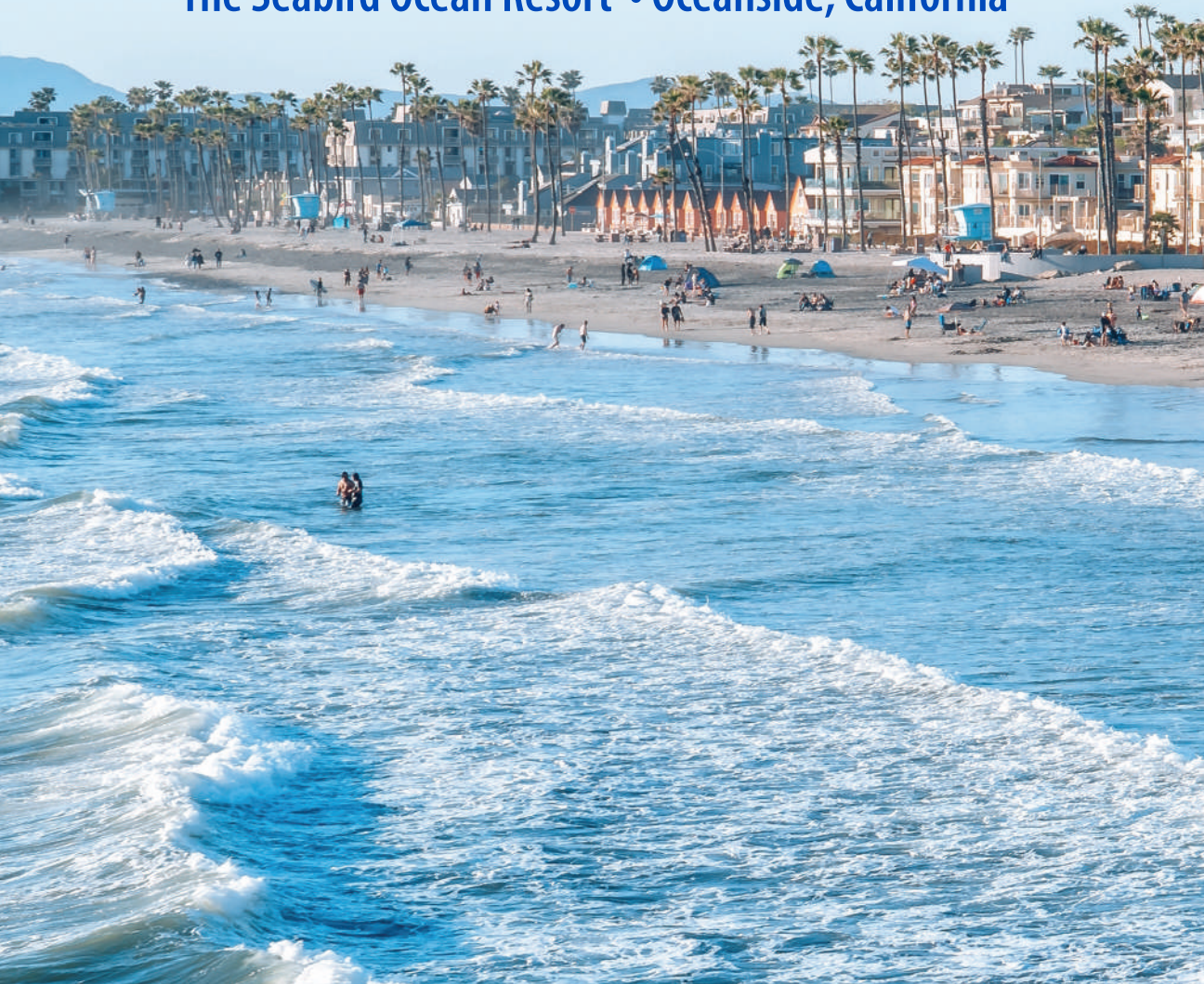


Primary Care Summer Conference

MEDICAL SPECIALTIES FROM THE PRIMARY CARE PERSPECTIVE

August 14-16, 2026

The Seabird Ocean Resort • Oceanside, California



Scripps Health's Primary Care Summer Conference is designed for primary care physicians and the interdisciplinary care team, offering a unique perspective on various therapeutic areas. Topics will include AI in health care, infectious diseases, ophthalmology, diabetes management, back and neck pain, rheumatology updates, and more. In addition, this year's course will devote a full day to key women's health topics, including menopause treatment and management, reproductive psychiatry, cardiovascular disease in women, and female sexual dysfunction. This CME conference aims to enhance patient outcomes in primary care by providing practical, patient-focused content. Attendees will gain insights into the history and current science of multiple specialties, tailored to address the specific challenges of primary care practices and physician leaders.

Educational Objectives

Upon completion of this activity, participants should be able to:

- Review current and emerging evidence in key therapeutic areas relevant to primary care.
- Incorporate practical approaches to manage infectious diseases, rheumatologic conditions, diabetes management, back and neck pain, and other common disorders.
- Assess the opportunities and challenges of AI in health care and its relevance to primary care practice.
- Improve recognition and management of priority women's health conditions, including menopause, reproductive psychiatry, cardiovascular disease in women, and female sexual dysfunction.
- Strengthen interdisciplinary and patient-centered approaches that improve outcomes in primary care.



Faculty

Course Director

Michael Van Buskirk, MD, ABFM
Voluntary Clinical Professor Family and Preventive Medicine
University of California, San Diego
Senior Consultant, Scripps Clinic Medical Group
Chairman, Department of Family Medicine
Scripps Clinic
Encinitas, California

Conference Faculty

Kavitta Allem, MD

Rheumatology Fellowship
Program Director
Associate Professor of Medicine
Scripps Clinic
Oceanside, California

Simerjeet Brar, MD

Psychiatrist
Women's Reproductive Mental
Health Program
UC San Diego Health
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James Bruffey, MD

Chairman, Department of
Orthopedic Surgery
Clinical Associate Vice President,
Surgery Services
Scripps Clinic Medical Group
Orthopaedic Surgeon, Scripps Clinic
La Jolla, California

Andrew Camp, MD

Assistant Professor,
Shiley Eye Institute
University of California, San Diego
Ophthalmologist
Scripps Clinic
San Diego, California

Joel Diamant, MD, MACP

President, Scripps Clinic Medical
Group
Department of Internal Medicine
Scripps Clinic
La Jolla, California

Katrina Kelly, MD

Obstetrics and Gynecology
Scripps Clinic
San Diego, California

Matthew Levine, MD, FACE

Endocrinology Fellowship
Program Director
Scripps Clinic/Scripps Green Hospital
La Jolla, California

Christian Mende, MD, FACP,

FACN, FASN, FAHA
Nephrologist
Clinical Professor of Medicine
University of California, San Diego
La Jolla, California

Michael Preziosi, MD

DIO of Graduate Medical Education
Scripps Clinic/Scripps Green Hospital
Associate Clinical Professor of
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Scripps Clinic Medical Group
La Jolla, California

Shane Thielman, FACHE, CHCIO, CDH-E

Corporate Senior Vice President
Chief Information & Digital Officer
Scripps Health
La Jolla, California

Poulina Uddin, MD

Director, Scripps Women's
Heart Center
General and Invasive Cardiology
Integrative and Holistic Medicine
Scripps Mercy Hospital San Diego
Scripps Clinic
La Jolla, California

Alyssa Yee, MD, FSMSNA

Sexual Medicine Physician and
Reconstructive Urologist
Scripps Clinic
La Jolla, California

Faculty Disclosure

In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, course directors, planners, moderators, faculty, and all others in control of the educational content of the continuing education activity must disclose all financial relationships with ineligible companies that they may have had within the past 24 months. If an individual refuses to disclose financial relationships, they will be disqualified from being a part of the planning and implementation of the activity. Owners and/or employees of an ineligible company with business lines or products relating to the content of the activity will not be permitted to participate in the planning or execution of any accredited program. All relevant financial relationships with ineligible companies listed for individuals in control of content have been mitigated. A complete listing of faculty and their disclosures for this program can be found on the course website.

Conference Agenda

Friday, August 14, 2026

- 7 a.m. Registration, Breakfast & View Exhibits
- 7:50 a.m. **Welcome & Educational Overview**
Michael Van Buskirk, MD
- 8 a.m. **The Role of AI in Health Care**
Shane Thielman, FACHE, CHCIO, CDH-E
- 9 a.m. **Emerging Infectious Diseases**
Michael Preziosi, MD
- 10 a.m. Break & View Exhibits
- 10:30 a.m. **Non-Insulin Agents for Type 2 Diabetes**
Matthew Levine, MD
- 11:30 a.m. **Crystal Disease: Uncommon and Under-Recognized**
Kavitta Allem, MD
- 12:30 p.m. Adjourn

Saturday, August 15, 2026

- 7 a.m. Breakfast & View Exhibits
- 7:55 a.m. **Morning Announcements**
- 8 a.m. **Primary Care Insights: A Year in Review—Key Literature Highlights**
Joel Diamant, MD
- 9 a.m. **Managing Common Eye Conditions in Primary Care**
Andrew Camp, MD
- 10 a.m. Break & View Exhibits

- 10:30 a.m. **What's New in Hypertension Management?**
Christian Mende, MD
- 11:30 a.m. **Orthopedic Insights: Managing Back, Neck, and Spine Pain**
James Bruffey, MD
- 12:30 p.m. Adjourn

Sunday, August 16, 2026

- 7 a.m. Breakfast & View Exhibits
- 7:55 a.m. **Morning Announcements**
- 8 a.m. **Modern Approaches to Menopause: An Update on Treatment Strategies**
Katrina Kelly, MD
- 9 a.m. **Reproductive Psychiatry in Primary Care: From Pregnancy to Menopause**
Simerjeet Brar, MD
- 10 a.m. Break & View Exhibits
- 10:30 a.m. **Cardiovascular Disease in Women: Unique Risks, Presentation, and Management**
Poulina Uddin, MD
- 11:30 a.m. **Female Sexual Function: Sex, Androgens, and Vulvar Health**
Alyssa Yee, MD
- 12:30 p.m. Final Adjournment

Topics, times, order of talks, and speakers are subject to change

Accreditation, Maintenance of Certification and Disclosure

Physicians

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this activity for a maximum of 12 *AMA PRA Category 1 Credit(s)*.™ Physicians should only claim credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians

The AAFP has reviewed Scripps Primary Care Summer Conference 2026 and deemed it acceptable for up to 12.00 Live AAFP Prescribed credit(s). Term of Approval is from 08/14/2026 to 08/16/2026. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association

CME activities approved for AAFP credit are recognized by the AOA as equivalent to AOA Category 2 credit.

Nurses and Nurse Practitioners

The American Nurses Credentialing Center, American Academy of Nurse Practitioners Certified Program (AANPCP) and the American Association of Nurse Practitioners (AANP) accept *AMA PRA Category 1 Credit(s)*™ issued by organizations accredited by the ACCME.

Physician Assistants

NCCPA accepts *AMA PRA Category 1 Credit(s)*™ from organizations accredited by the ACCME.

Pharmacists

The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for *AMA PRA Category 1 Credit(s)*.™

American Board of Internal Medicine (ABIM)

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Commercial Support

This course may be supported, in part, by educational grants from industry. In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, a complete list of commercial support received will be provided to all learners who participate in the continuing education activity. For more information: www.accme.org/standards

Conference Location & Hotel Information

The Seabird Ocean Resort • 101 Mission Ave. • Oceanside, California 92054
Hotel Direct: 760-512-3600

Please make your own hotel reservations and request the Scripps course reduced rate of \$359 per night (plus tax and resort fee). **A block of rooms is being held for us at the special rate of \$359 per night until Thursday, July 23, 2026, or until the room block fills, whichever comes first.** After this date, reservations will be accepted on a space and rate availability basis only. Visit the course website for a link to reserve a discounted room. Attendees who book their room through an online, third-party service are not eligible for room block concessions including discounted resort fee and overnight parking.

Register Online

	Thru Jul 31	After Jul 31
Physicians (MD, DO, MBBS)	\$550	\$600
Scripps Physician*	\$450	\$500
RN, NP, PA, Others	\$375	\$425
Scripps RN, NP, PA, Others*	\$275	\$325
Students, Residents, Fellows**	\$250	\$300



*Must use a valid Scripps email address when registering.

**To receive the student, resident, fellow registration discount code, please email or call Scripps CME and provide proof of your status.

Attendee Cancellation, Substitution and Refund

The course tuition is refundable, minus a \$100 processing fee (MD, DO, RN, PA, NP) or a \$50 processing fee (Students, Residents, Fellows), if your cancellation is received in writing no later than **Friday, July 31, 2026**. Attendee substitutions are allowed, but notification must be made in writing by **Friday, July 31, 2026**. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to "no shows." No refunds shall be made for cancellations due to inclement weather.

Scripps Course Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this course, in which case a full refund of

the registration fee will be provided. Attendees who purchase non-refundable airline tickets do so at their own risk. Scripps encourages the purchase of travel insurance as we are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

Family and Guest Attendance Policy

All course activities and meals are exclusively reserved for paid course attendees. Children and family members are not allowed to attend meal functions or permitted in the meeting space.

Recording and Photography Clause

Scripps reserves exclusive rights to record (audio and video) and/or photograph all course proceedings for use in marketing materials, presentations and course content sales.

Refer A Friend And Receive Up To 15% Off Your Registration

Register and refer a friend who also registers and both of you will receive 15% off the prevailing registration rates. Each of you will be charged the full registration fee until your friend(s) register and pay for the conference. There is no limit to the number of friends you refer, however, 15% is the maximum discount you will receive on the prevailing registration rate. This offer cannot be combined with any other offers or discounts.

To receive your discount please email med.edu@scrippshealth.org with the names of your referrals and a credit will be applied to all applicable accounts. Please note that the referral discount does not apply to the already discounted Students, Residents, Fellows rate and is not available for those participants who register after August 11, 2026.



Scripps Health CME

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www.scrippscme.org

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SAN DIEGO, CA

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